



Adapted from <https://www.psychologies.co.uk/>

## Take the quiz

Take the quiz below, choosing the answers that best reflect your feelings to the given questions. The numbers in the parenthesis represent points. At the end of the quiz, add up those points (numbers in the parenthesis next to your responses).

### 1. At a work meeting, you are the only woman...

- You're used to it. You stay low and keep quiet and take notes (5)
- You make your presence felt through your personality and efficiency; you've worked hard for the position you have (10)
- You turn on the charm and use the opportunity to get yourself noticed, making sure to make eye contact when speaking (20)
- You play it 'chummy', adding a bit of humor and animation; you might bring a snack to lighten the mood (15)

### 2. You're running late and have to get dressed in a hurry. What do you grab from your wardrobe?

- A skirt and blouse (10)
- Trousers and a sweater (5)
- A dress with amazing shoes (20)
- A suit and funny T-shirt (15)

### 3. You're at a conference. You take notes with:

- A fountain pen or one that was given to you as a gift (10)
- The pen provided to you from work (5)
- A ballpoint pen you find in your purse, it's your favorite and your handwriting looks great when you use it (20)
- A pen with flashing lights, a feather or maybe pink or purple ink (15)

### 4. You're in the beauty section of a department store. You buy:

- Nothing, you purchase makeup at a drugstore or from a friend (10)
- Tinted moisturizer, probably with an SPF (5)
- A lipstick with matching lip liner, you can never have too many lip colors! (20)

A bottle of sparkling nail polish in the seasons "it" color (15)

**5. You decide to build a wardrobe around a color theme. That palette is:**

Grey, white and navy with striped patterns (10)

Brown, cream and pink with leopard patterns (5)

Black, white and fuchsia with polka dots (20)

Purple, pink, teal, red, yellow, green....all the colors of the rainbow (15)

**6. You wear jewelry:**

Typically only your wedding ring and maybe a simple necklace (5)

Almost never (10)

Always, preferably diamonds and other gemstones, you always wear a ring, necklace and a bracelet (20)

Always, lots of costume jewelry, you love layers of necklaces and bracelets (15)

**7. It's important that your clothes make you feel:**

Done for the day, appropriate for the occasion (10)

Comfortable, if it isn't comfortable you won't wear it (5)

Pretty, sexy, you like to feel you are noticed because of the clothes you wear (20)

Original, not like everyone else (15)

**8. You prefer to buy your clothes from:**

Places like Kohl's, TJ Maxx, Marshall's, JC Penny (10)

Department stores at the mall, generally Macy's (5)

A local boutique or department store like Nordstrom (20)

Thrift shops, boutiques, online (15)

**9. At work, you would never wear:**

Jeans (5)

A satin blouse (10)

Khakis and a button up blouse (20)

A suit (trousers with matching jacket) (15)

**10. For you, clothes mean:**

Fitting in, being seen as 'part of the team' (10)

Practicality and comfort, a necessity (5)

An expression of your personality, your personal 'brand' (20)

Having fun, a way to be creative (15)

**Add up your score: \_\_\_\_\_**



### **TOTAL: 0-75 - Classic**

Spending hours rummaging through clothes shops seems unnecessary, even superficial. You would not call yourself a shopper. You buy things as needed or as things simply wear out. What counts is to easily find simple and practical clothes. Things that don't go out of style. You prefer a more functional style that doesn't bring attention to you, and finding pieces that feel comfortable are very important. You prefer stretch fabrics and athletic wear. You wear little or no jewelry and your make-up, when you wear it, is in harmony with your natural look.

You may tend to be task oriented and pragmatic. You typically wear neutral colors such as grey or beige. You don't like to take risks with your style. You tend to buy the same kinds of clothing you've always purchased. It's easy and practical. You don't like to bring attention to yourself through your clothing choices. If you notice someone giving you a second look, it makes you very uncomfortable.

### **Total 76-100 - Traditional**

You stick to what you know. At work you prefer suits, blouses, twin-sets (sweater sets) and gold jewelry with your understated gemstones are your preference.

Your preferred colors are traditional combinations – navy blue, burgundy, beige

or grey. Your skin is happy in cotton, satin and wool. On the make-up side of things, you've discovered what works for you, and you're sticking to it. You aren't one to embrace change.

You prefer discretion and your style expresses your concern to be taken seriously and win legitimacy within your social group. Professionally, you may be predominantly in a man's world, you may be tempted to imitate and adopt their style codes. Your clothes are a sign of your adhesion to the rules, explicit and implicit.

### **TOTAL 101-150 - Artistic**

Fashion is fun for you and you like to play with it. Your clothes are a reflection of your personality: original, eccentric and non-conformist. You aren't afraid to try something new, and don't really care if others think you are a little nutty. You are memorable for your clothing, many times a particular piece of clothing. If you see someone else wearing a piece of clothing that you own, you may be likely to never wear it again, or find a new / different way to wear that piece to make it unrecognizable.

You are the queen of mix and match, and you love combining clothes, accessories and textures of contrary and even opposing styles. You cultivate the unpredictable with zeal. Nothing annoys you more than rules, in fashion or otherwise. You might be a bit rebellious. At work, you fight against conforming to the norm, and you enjoy adding color to all that grey. You like wearing lots of jewelry, and love pieces that come with a story.

### **TOTAL 151-200 - Fashionista**

Your clothes are there to enhance your image and what you project to others. You have a need to feel noticed, looked at, complimented and loved. Your nightmare? Leaving others indifferent or having others misunderstand you. You are memorable not only in the way you dress, but the way you make others feel.

You prefer skirts and dresses, revealing necklines and high heels. Always high heels. You're comfortable in bright colors, and if you choose black it's primarily to bring out your inner femme fatale. The clothing you are attracted to is light and fluid. You choose clothing that will enhance your figure and follow your movements; you don't care about comfort or practicality. You prefer a full-face of makeup and you don't hesitate to adorn yourself with lots of jewelry, both gold and silver.